

Simple Cable Knit Socks



Materials:

Here is what you will need to make a pair of these warm, cozy cable knit socks:

- Size 6 (4 mm) 32" or longer circular knitting needles.
- 2 Skeins of [Knit Picks Swish Worsted Weight Yarn](#) in Clementine.
- Scissors.
- Yarn Needle.
- Ruler or tape measure.
- Sock Blocker (optional)

Leelee Knits

 Knitting and Crochet

Gauge:

5.5 stitches, 6.5 rows = 1" in stockinette stitch before blocking.

Size:

Width is for a typical Adult Female Foot. Length of foot can be customized in pattern.

Abbreviations:

K: Knit

P: Purl

K2Tog: Knit Two Together decrease

SSK: Slip, Slip, Knit decrease

Kfb: Knit Front and Back increase

C6B: Cable 6 Back (slip 3 stitches onto your cable needle to the back of your work, knit the next three stitches, then knit the three stitches off of the cable needle).

Notes:

These socks are worked from the toe up, using the Magic Loop technique and circular 32" knitting needles.

You will need to know the following techniques to knit these socks. If you do not know these techniques, please follow the links and read/watch the tutorials before you begin.

[Judy's Magic Cast On](#)

[Russian Bind Off](#)

[Magic Loop Technique](#) for knitting in the round

[Placing and Picking up Stitches for an Afterthought Heel](#)

[Kitchener Stitch](#)

Leelee Knits

Knitting and Crochet

Pattern Instructions

Toe:

Using Judy's Magic Cast On, cast on 16 stitches (8 stitches on each needle).

Round 1:

Knit all stitches.

Round 2:

On each needle: K1, kfb, knit to last 2 stitches, kfb, k1 (increased a total of 4 stitches).

Repeat rounds 1 and 2 until you have 20 stitches on each needle (total of 40 stitches).

Continue to **Foot**.



Leelee Knits

 Knitting and Crochet

Foot:

Repeat the following 8 rounds until your work measures close to 2 inches less than the length of the foot (length of foot is from top of toes to end of heel). The remaining 2 inches will be made up when you work the heel. For example, my feet measure 9.5 inches, so I work the foot until the total length is about 7.5 inches long (including the toe part). Continue to **Heel Placement**.

Rounds 1 - 6:

P7, K6, P7 on the first needle (top of foot).

Knit all 20 stitches on second needle (bottom of foot).

Round 7:

P7, C6B, P7 on first needle (top of the foot).

Knit all 20 stitches on second needle (bottom of foot).

Round 8:

P7, K6, P7 on the first needle (top of foot).

Knit all 20 stitches on second needle (bottom of foot).

Heel Placement:

This pattern uses the afterthought heel technique. This requires using some waste yarn to hold the placement of the heel so that the rest of the sock can be completed before coming back to finish the heel.

To place the afterthought heel: P7, K6, P7 across Needle 1 (top of the foot). *Note that this is a repeat of round 1 from the foot.*

The stitches on Needle 2 are for the bottom of the foot. This is where we use the waste yarn to hold the heel stitches until we can come back to work the heel. Let go of your working yarn (leave it attached) and knit with the waste yarn across Needle 2. Turn your work and purl back to create another row, and then turn and knit one more row so that you have 3 rows with the waste yarn to hold the stitches for the heel. Cut your waste yarn, leaving a bit of a tail.

Leelee Knits

Knitting and Crochet

The stitches must now be transferred back to the left needle so that you can continue to work in the round. Slip each stitch back onto left needle and pick up the working yarn. Knit across Needle 2 to complete the round. You now have one round complete that holds the stitches for the heel and can continue on to work the **Leg** of the sock.

Leg:

P7, K6, P7 across Needle 1 (top of the foot). *Note that this is a repeat of round 2 from the foot.*

Knit all 20 stitches on second needle (bottom of foot).

At this point, the top and bottom needle will be the same for the rest of the leg.

Starting on Round 3, continue to knit the following rounds four times (or desired length). Continue to **Cuff**.

Rounds 1 - 6:

P7, K6, P7 on each needle.

Round 7:

P7, C6B, P7 on each needle

Round 8:

P7, K6, P7 on each needle.



Cuff:

Work 8 rounds of K1, P1 ribbing. Bind off in pattern using Russian Bind Off technique.

Leelee Knits

Knitting and Crochet

Heel:

Hold the sock so that the toe end is facing you, and the cuff is facing away from you.

Pick up the stitches back onto your needle by inserting each needle under the front leg of each stitch directly under/over the waste yarn stitches. Carefully remove the waste yarn



Knit one round, adding two extra stitches on each end to close the gaps (knit into the stitches below the gaps). There are now 22 stitches on each needle, so we need to decrease back to the original 20 stitches on each needle.

Decrease the extra two stitches in the next round.

Needle 1: K2Tog, K2Tog, Knit the remaining stitches (20 stitches).

Needle 2: K2Tog, K2Tog, Knit the remaining stitches (20 stitches).

Continue to **Shaping the Heel**.

Leelee Knits

Knitting and Crochet

Shaping the Heel:

Round 1:

On each needle: K1, SSK, knit to last 3 stitches, K2Tog, K1 (decreased a total of 4 stitches).

Round 2:

Knit each stitch.

Repeat rounds 1 and 2 until there are 10 stitches remaining on each needle (total of 20 stitches).

Cut the yarn, leaving an 8-10 inch tail and graft the stitches together using the **Kitchener Stitch**. Secure and weave in all loose ends. Wet socks, and place over sock blocker to dry into shape (optional).

