

Easy Knit Mittens



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Materials

Here is what you will need to make these warm chunky mittens:

- Size 7 (4.5mm) circular knitting needles (cord should be at least 24").
- Paintbox Yarns Simply Chunky yarn in two contrasting colors (we will call them Color A and Color B).
- Scissors.
- Yarn Needle.
- Ruler or tape measure.
- Detachable stitch marker.

Gauge

4.5 stitches, 6 rows = 1" in stockinette stitch.

Size

These stretchy mittens are perfect for medium sized women's hands, although you may customize the length to your desire for smaller or larger hands.

Abbreviations and Stitches

K: Knit.

Stockinette Stitch: Worked in the round, knit every round.

K2P2 Rib: Worked in the round (multiple of 4 stitches). *K2P2; repeat from * to end of round.

K2Tog: Knit Two Together decrease.

Kfb: Knit Front and Back increase.

M1L: Make one left increase.

M1R: Make one right increase.

Notes

These mittens are worked in the round from the cuff up, using the Magic Loop method and circular knitting needles. Both mittens follow the same pattern since they are the same in the back and front.

You will need to know the following techniques to knit these mittens. If you do not already know these methods, please read/watch some tutorials before you begin. The pattern can also be adapted for double pointed needles.

[Magic Loop Technique](#) for knitting in the round.

[Kitchener Stitch](#) for grafting invisible seams.

Pattern Instructions

Cuff:

With Colour A, cast on 24 stitches and work in a K2P2 rib for 16 rounds. Continue to Hand.

Hand:

Round 1: *K3, Kfb; repeat from * to end of round (this will increase to a total of 30 Stitches).

Round 2-5: Work rounds in stockinette stitch.

Round 6: K3, place stitch marker, knit to end of round.

Continue to Thumb Gusset.
Do not fasten off.



Thumb Gusset:

This is where we increase the stitches for the part of the mitten that holds the thumb. We then secure the stitches with scrap yarn so that we can finish the thumb later.

Round 1: K1, M1L, K1, M1R, K1 (total of 5 stitches in thumb gusset). Move Marker to working needle. Continue to knit the remainder of the round in stockinette stitch.

Round 2 & 3: Work rounds in stockinette stitch.

Round 4: K1, M1L, K3, M1R, K1 (total of 7 stitches in thumb gusset). Move Marker to working needle. Continue to knit the remainder of the round in stockinette stitch.

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Knitting and Crochet

Round 5 & 6: Work rounds in stockinette stitch.

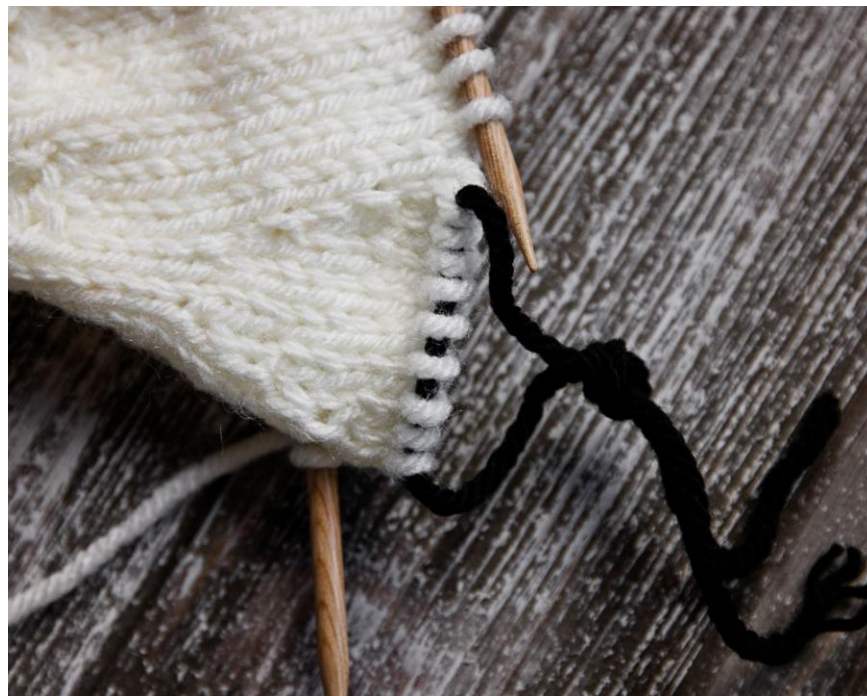
Round 7: K1, M1L, K5, M1R, K1 (total of 9 stitches in thumb gusset). Move Marker to working needle. Continue to knit the remainder of the round in stockinette stitch.

Round 8 & 9: Work rounds in stockinette stitch.

At this point, the thumb gusset should look like the photo to the right.



Using a yarn or tapestry needle, transfer the thumb gusset stitches to a piece of scrap yarn and secure. See photo below for guidance. Continue to Top of Hand.



Top of Hand:

Cast on 3 stitches (thumb cast on method works well) with working yarn to replace the original 3 stitches that we used in the thumb gusset. One needle will have 18 stitches and the other needle will have 12 (for a total of 30). This is okay, and you can re-arrange them after knitting a few rounds to have 15 on each needle again. See photo below.



Work 3 rounds in stockinette stitch.

Switch to Color B and work 15 more rounds in stockinette stitch. If you have not already done so, re-arrange the stitches so that there are 15 on each needle. Continue to Shaping Mitten Top.

Shaping Mitten Top:

This is where we shape the top of the mitten and seam up the remaining stitches.

Round 1: *K3, K2Tog; repeat from * to end of the round (total of 24 stitches).

Round 2: Knit all stitches.

Round 3: K2, K2Tog; repeat from * to end of the round (total of 18 stitches).

Round 4: Knit all stitches.

Round 5: K1, K2Tog; repeat from * to end of the round (total of 12 stitches).

Round 6: Knit all stitches.

At this point, there are 6 stitches on each needle. Seam the remaining stitches using the Kitchener Stitch. Fasten off and continue to Thumb.

Thumb:

Pick up the thumb stitches with circular needle and remove the scrap yarn. See photo below. Notice the big gap above where you inserted the needle.



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Knitting and Crochet

Slide the thumb stitches down onto the cord and pick up three stitches around the gap by knitting into them with Color A. It's not an exact science for where to pick up these stitches and you can look up some techniques for preventing a hole (there are plenty of YouTube videos). Don't worry if you do not pick them up in a way that closes the hole entirely -you can use the tail from where you attached the yarn to sew any gaps when you weave in the ends.



There will be 3 stitches on one needle and 9 on the other for a total of 12 stitches. Knit in the round in stockinette stitch for 12 rounds. Re-arrange the stitches so that there are 6 on each needle and continue to Shaping Thumb Top.

Shaping Thumb Top:

This is where we shape the top of the thumb and seam up the remaining stitches.

Round 1: *K1, K2Tog; repeat from * to end of the round (total of 8 stitches).

Round 2: Knit all stitches.

At this point, there are 6 stitches on each needle. Seam the remaining stitches using the Kitchener Stitch and fasten off.

Continue to Finishing.

Finishing:

Flip the mitten inside out. Secure and weave in all ends. If there is a gap in the thumb gusset where the yarn is attached, this is where you can use the tail to sew it up. Repeat the pattern for your second mitten!

